

### Introduction

Districts serving student-athletes who wish to attend a Division I or II college or university must ensure nontraditional courses meet NCAA guidelines. Districts must apply to the NCAA Eligibility Center to receive approval for core-courses used in original credit and credit recovery programs. This document outlines best practices for meeting eligibility requirements for nontraditional courses.

## **Getting NCAA Approval**

Courses must have approved curriculum and instructional methods to gain NCAA approval.



#### Instruction

Courses may be taught by Apex Learning teachers or District teachers.

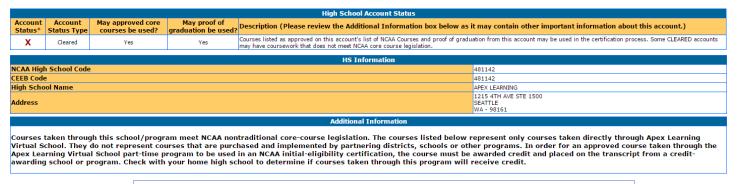
#### **District Teachers**

Courses taught by **district teachers** must appear on your school's NCAA approved course list. The NCAA will verify that both the curriculum and instruction meet eligibility requirements.

#### **Apex Learning Teachers**

Select courses completed using Apex Learning Virtual School **(ALVS) teachers** may be used in the certification process. These courses include approved instruction + curriculum.

View the <u>ALVS Approved Course List</u><sup>1</sup> and enter 481142, the ALVS CEEB Code.



Read: ALVS and NCAA<sup>2</sup>

## Curriculum

Apex Learning provides multiple pathways to support academic success for all students. **Core, Honors, and Advanced Placement** courses meet NCAA curriculum guidelines.

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<sup>&</sup>lt;sup>1</sup> https://web1.ncaa.org/hsportal/exec/hsAction

<sup>&</sup>lt;sup>2</sup> http://www.apexlearningvs.com/documents/Best-Practices\_NCAA\_ALVS.pdf



## **Best Practices for Apex Learning Courses Taught by District Teachers**

The following best practices comply with NCAA nontraditional course requirements and apply to both **credit recovery** and **original credit** courses in blended and virtual environments.

#### 1. Staff Courses with State Certified Teachers

All courses (credit recovery and original credit) must be facilitated by a certified teacher in the subject area. Teachers should perform the following duties over the duration of a course:

- Initiate instruction regularly with all students
- Communicate with students regularly (face-to-face, email, phone, web conferencing)
- Evaluate and provide feedback on completed work and assessments
- Assign a final grade

### 2. Do Not Modify the Course Outline

Nontraditional courses must contain the same content as their traditional counterparts. Courses must:

- Be high-school level, college preparatory, and listed in the high school course catalog
- Contain the same rigor, scope and sequence, and duration as a traditional course
- Require students to write and complete offline activities
- Contain a combination of assessment methods including quizzes, papers, exams, and discussion
- Students must complete all course lessons and activities including teacher-scored activities

#### 3. Do Not Allow Unit Test-Out

Any form of test-out or acceleration is explicitly prohibited. Students must complete all work in the course regardless of their ability to demonstrate prior knowledge or mastery.

#### 4. Require and Document Teacher-Initiated Interaction and Instruction

Require ongoing access between the student and teacher for the purposes of instruction, evaluation, and assistance. The following examples of teacher-student interaction can be documented:

- Orientation
- Parent Meetings
- Student Progress Review Meetings
- Email communication, interactions in the Message Center, and the Discussion Board
- Teacher-initiated instruction for all students (not just those who are struggling or behind pacing)
- Formative feedback on student work

### 5. Require and Archive Offline Student Portfolios

Require students to maintain an offline portfolio containing all coursework.

- Print the Activity Scores Report and use it as the first page of the portfolio. This report lists graded assignments and corresponding due dates, when set.
- Keep all written work in the portfolio. Include notes, study sheets, lab reports, logs, journals, essays, practice sheets, review sheets and study guides.
- Written teacher feedback should be evident on scored assignments.
- NCAA may review student work; therefore, portfolios should be saved for at least four years.

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#### 6. Document Time on Task

Document time students spend in the course – both online and offline.

- Include time spent working with teachers for instruction and completing offline activities.
- Use the Student Session report to access online session information including the number and duration of sessions and the date range for course access.

#### 7. Proctor Assessments

Summative assessments should be proctored. Test proctoring should meet the following qualifications:

- The proctor should employ methods to verify student identification
- The proctor should not be a high school or college coach or athletic director

### 8. Document Policies and Procedures

The Eligibility Center may request district or school policies for non-traditional courses. Include:

- Eligibility requirements -Should not be limited to student-athletes
- Teacher certification requirements
- Expectations for teacher-initiated instruction beyond the digital curriculum
- Methods teachers use to evaluate and provide feedback to students
- Required minimum and maximum time periods for course completion
- · Types of assessment and methods for proctoring
- Grading policy
- How courses are indicated on the student transcript -- Course names should match exactly

## 9. Submit New Courses for Approval and Verify Certification Yearly

- Submit new courses for approval to the Eligibility Center prior to students entering the 11th grade
- Courses submitted through the online submission system will be reviewed and your school's contact will be notified via email regarding the status of the submitted courses
- Course titles on student transcripts should accurately reflect the titles of the approved courses
- Students update their academic information and request final certification during their final year

### 10. Ensure Accuracy of Approved Core-Courses List Each Year

- Login to the High School Portal<sup>3</sup> (enter your CEEB code) to review your approved course list
- Follow the NCAA online submission process instructions<sup>4</sup> for updating course lists

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<sup>&</sup>lt;sup>3</sup> https://web1.ncaa.org/hsportal/exec/hsAction

<sup>&</sup>lt;sup>4</sup> http://fs.ncaa.org/Docs/eligibility\_center/How\_and\_When\_to\_Update/How\_to\_Update\_CCL.pdf



#### **NCAA Core-Course Analysis - Documentation**

**Course Syllabi** – Find course syllabi including course descriptions and outlines in  $\underline{Help}^5$ . Help Home>Course Guides.

**Major Assessments (mid-term exam, final exam, performance task)** – Contact <u>Support</u><sup>6</sup> or your Success Manager for a file with these assessments

## **Characteristics of Programs Commonly Not Approved**

- Course content is less rigorous than traditional college preparatory course content.
- Students can test-out of or skip portions of content based on mastery.
- Students have limited access to a certified teacher in the subject area.
- Students and teachers do not have regular interaction throughout the course.
- ☑ Does not include teacher-initiated instruction beyond the digital curriculum (face-to-face or online).
- Teacher-led instruction is **only** provided "as needed" or when students are behind pacing or struggling to master concepts.
- Does not include teacher-led instruction for students who are on-track and earning passing scores.
- Classrooms contain enrollments across multiple subject areas within the same class period.
- ☑ There is no defined minimum or maximum time frame for course completion.
- Allows course completion in a short period (less than 8 weeks).
- Allows enrollment in numerous concurrent courses in the same subject area (Algebra I and Algebra II).
- Does not have security measures to verify student identity.
- ☑ Contains no formal assessment or has limited assessment.
- Does not maintain official student grade records (transcripts, course activity information).

# **NCAA Initial Eligibility Academic Requirements**

Students must meet the following criteria to practice, play and receive a NCAA Division I or II scholarship.

- 1. Graduate from high school;
- 2. Complete a minimum of 16 core courses:
- 3. Present the required grade-point average (GPA);
- 4. Present a qualifying test score on either the ACT or SAT; and
- 5. Complete the amateurism questionnaire and request final amateurism certification.

Additionally, the following changes to the requirements went into effect August 1, 2016:

- Minimum core-course GPA of 2.30 in the 16 core courses (GPA of 2.00 for Academic redshirts);
- Change in GPA/test score index (sliding scale); and
- Complete 10 core courses by the beginning of the 7<sup>th</sup> semester; 7 must be in English, Math, and Science.

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<sup>&</sup>lt;sup>5</sup> https://support.apexlearning.com

<sup>&</sup>lt;sup>6</sup> <u>support@apexlearning.com</u>



- These 10 courses cannot be retaken for credit recovery after the start of the 7<sup>th</sup> semester.
- More than 6 core courses may not be completed or retaken in the senior year to improve the GPA.

## **More Information**

- NCAA Eligibility Center High School Portal: https://web1.ncaa.org/hsportal/exec/homeAction
- NCAA Resources: <a href="https://web1.ncaa.org/hsportal/exec/links?linksSubmit=ShowActiveLinks">https://web1.ncaa.org/hsportal/exec/links?linksSubmit=ShowActiveLinks</a>
- NCAA Customer Relations, phone: 877-622-2321/Fax:317-968-5100

## **Getting Support**

To access **online help** at any time, sign into Apex Learning and click Help in the main menu. Apex Learning Support

- Monday Friday. 5:00 AM 7:00 PM Pacific Time
- 1-800-453-1454 option 2
- support@apexlearning.com